

# HUSKIE HOOPS

A Newsletter for the Alumni, Fans, Families, and Friends of the Men's Basketball Team

Volume 2, Issue 1

September 1999

## It's That Time Again!

Welcome back Huskie Fans for the first edition of HUSKIE HOOPS for the 1999-2000 season..

## HUSKIES BUSY OVER THE SUMMER

The head coach and several Huskie players were busy over the summer.

Greg Jockims was the head coach to the Saskatchewan Junior Men's Team over the summer. The team competed in Montreal at the National Junior Championship held the last week in July. The Team finished fifth in the 9-team tournament with a 3 wins 2-loss record. The team was in the same pool as Manitoba, Ontario, Quebec and Nova Scotia. The team lost to Manitoba in their first game by 11 points and then lost to Ontario in their second game by 30 points. In the third game of the tournament the team upset the pre-tournament favorite Quebec and defeated them by 11 points. In the fourth and final game of the round robin the team defeated Nova Scotia by 18 points. This placed the Saskatchewan team (2-

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## THE 1999-2000 RECRUITING CLASS HAS BEEN ANNOUNCED!



This is an outstanding recruiting class. Every player in this group has the potential to become solid university players. Last season established the fitness and work ethic required to succeed at the university level. To take another step forward the requirement was to improve the size and athleticism of the team and by all indications this has been accomplished.

1. Calvin Palmer – 6'6" 215lbs Power Forward – Originally from Saskatoon, graduated from Evan Hardy in 1997. After an outstanding High School career at Evan Hardy Collegiate he attended Mount Royal Junior College in Calgary. Over his two seasons in Calgary Calvin established himself as one of the best players in the country at the Junior College Ranks. Last season he was named a Junior College All-Canadian.
2. James Kenyon – 6'5" 175lbs Shooting Guard – From Langley B.C., Brookside Secondary Grad. 1999. James is well known to Saskatoon basketball fans having played at the Bedford Road Invitational Tournament the last two years. James is an outstanding 3-pt shooter and is also an excellent scorer. He will be an impact player for the Huskie Program over his career.
3. Sean Homeniuk – 6'8" 200lbs Centre – Evan Hardy Grad. 1999. Sean is another Evan Hardy grad who possesses a lot of potential. Sean has an

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2) in a 3-way tie for second place in their pool with Manitoba (2-2) and Quebec (2-2). The top two teams from each pool advance to the Medal Round. Unfortunately the tiebreaker went to Quebec with Saskatchewan finishing 3<sup>rd</sup> in the pool and Manitoba 4<sup>th</sup>. As a result Saskatchewan was relegated to the 5<sup>th</sup> place game versus the 3<sup>rd</sup> place finisher from the other pool.....New Brunswick. In this "crossover" game Saskatchewan defeated a gritty New Brunswick team by 11 points to finish fifth. The fifth place finish was the highest finish the Saskatchewan Junior Men's team has had since 1989.

There were 3 Huskies that competed on the Saskatchewan Junior Men's Team. Seth Lang, who is from Regina and played his first season with the Huskies last season, was the team's starting point guard. In addition Sean Homeniuk, a graduate of Evan Hardy, played at the forward position for the team and will be joining the Huskies this season. Lastly, Derek Boechler, a Holy Cross graduate, played guard and forward for the team and will be joining the Huskies this season.

In addition to Huskies competing on the Saskatchewan team the tournament saw a Huskie competing with Team Alberta. Ian Ferguson, a 6'6" graduate of Edmonton's Ross Sheppard High School, will be attending the U of S this season. He was the starting centre on the Alberta team that won the bronze medal at the tournament.

As well as Huskies playing on the Saskatchewan Junior Men's Team several Huskie players competed in the Prairie Classic Tournament held in Regina early in July. The Huskies sent down a team coached by Bob Weenk and Kirk Jones to compete at the tournament which included the Junior teams from Alberta, Manitoba and Saskatchewan as well as the Juvenile (17 and under) team from Saskatchewan. The Huskie squad was made up of Jody Glines, Jamie Charlton, Paul Seipp, Ryan Leier, Scott Gordon, James Kenyon, Steve Berschaminski and Wade Bourassa. The Huskie squad did very well going undefeated at the tournament and as a result were declared tournament champions ♦

## **HUSKIE PRE-SEASON BASKETBALL TOURNAMENT SET TO GO!!!**

The first annual Huskie Pre-season Basketball Tournament is ready to go. Lakehead University from Thunder Bay, Ontario, the University of Regina, the University of Lethbridge and our own U of S Huskies will be the participant's. The tournament will be held beginning on Thursday, October 21 and running through to Saturday, October 23. The tournament format will be a round robin with two games each day. In addition to the games a coaches clinic and a referee's clinic are planned for Saturday. As well we are holding our annual Alumni Weekend. The alumni function will take place on the Friday evening following the games. The overall tournament schedule is as follows.

### **Thursday, October 21**

**6:30 Regina versus Lethbridge**

**8:30 Huskies versus Lakehead**

### **Friday, October 22**

**4:00 Regina versus Lakehead**

**6:00 Huskies versus Lethbridge**

**9:00 Alumni Function at Sheraton Cavalier Hotel**

### **Saturday, October 23**

**10-12 Coaches Clinic**

**2-4 Coaches Clinic**

**1-3 Referees Clinic**

**6:30 Lethbridge versus Lakehead**

**8:30 Huskies versus Regina**

We are in great need of volunteers to make this a first class event. The intent and goal is to make this tournament one of the premier tournaments in Canada. To accomplish this over the next few years we will need as much help as possible. As a result if you are willing to help in any way just call Coach Jockims at 306-966-6495.

If you can't help we are hopeful that you can make it out to the tournament as a spectator ♦

## CALENDAR OF EVENTS

### 1999-2000 SCHEDULE AT A GLANCE

OCTOBER 14-16	@ KAMLOOPS TOURNAMENT
<b>OCTOBER 21-23</b>	<b>HUSKIE PRE-SEASON TOURNAMENT</b>
<b>OCTOBER 22</b>	<b>HUSKIE BASKETBALL ALUMNI WEEKEND</b>
OCTOBER 29-30	@ LETHBRIDGE
<b>NOVEMBER 4</b>	<b>VS. REGINA</b>
NOVEMBER 5	@ REGINA
<b>NOVEMBER 12-13</b>	<b>VS. BRANDON</b>
<b>NOVEMBER 19-20</b>	<b>VS. CALGARY</b>
NOVEMBER 26-27	@ ALBERTA
DECEMBER 29-30	@ DICKINSON STATE UNIVERSITY
<b>JANUARY 14-15</b>	<b>VS. MANITOBA</b>
JANUARY 21-22	@ WINNIPEG
<b>JANUARY 28-29</b>	<b>VS. TRINITY WESTERN</b>
<b>FEBRUARY 4-5</b>	<b>VS. UBC</b>
FEBRUARY 11-12	@ VICTORIA
FEBRUARY 18-20	QUARTER FINALS – 6 @ 3, 5 @ 4
FEBRUARY 25-27	SEMI-FINALS – W @ 2, W @ 1
MARCH 3-5	FINAL – WINNER AT TOP FINISHER
MARCH 16-19	CIAU CHAMPIONSHIPS

### HUSKIE COACHING AND REFEREES CLINIC

During the Huskie Tournament Weekend (Oct. 21-23) a coaching clinic will take place featuring the tournament coaches as clinicians. In addition, a referee's clinic will be held featuring an official from the United States as clinician.

## COACHES CORNER

### MENTAL TOUGHNESS

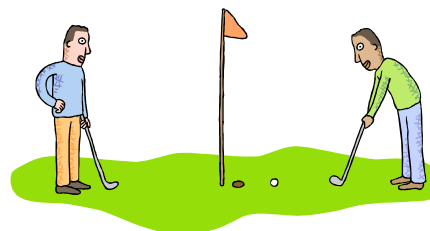
To help create Mental Toughness in your players the following is a few suggestions:

- Utilize competitive drills in practice.
- Tell the players they are mentally tough already...Mental toughness means:
  - Allowing the mental to overcome the physical pain.
  - Attitude that no opposing player can whip me
  - Able to react positively to criticism.
  - Persistent attitude
  - Ability to not fear failure
  - Ability to react positively to failure
  - Cannot be intimidated
  - Ability to play with the emotional and mental pain that accompanies physical pain.
  - Ability to discipline themselves to concentrate on task.
- Work towards showing no negative emotion on the floor during games or in practice.
- Push the players hard, physically, to make them mentally tough. ♦

outstanding work ethic and with some time spent strength training he will certainly be a force in the conference.

- Derek Beochler - 6'3" 205lbs Guard – Holy Cross Grad 1999. Derek is a very strong and aggressive player. These assets will allow him to make the transition to the physical nature CIAU basketball quickly. The more difficult transition for Derek will be his transition from high school forward to university guard.
- Ian Ferguson – 6'6" 240lbs Power Forward – From Edmonton Alberta, Ross Sheppard Grad. 1999. Ian has an outstanding physical presence on the court. His big frame and long arms will immediately make him a good rebounder and defender. He will need to continue to work on his strength and quickness.
- Darren Dove – 6'9" 220lbs Centre – From Biggar Sask. Biggar Comprehensive Grad. 1999. The first of the two "rural" big men recruited, Darren has the potential to be good low post player. He will have to work hard on his skills, fitness and strength over the next couple of seasons to reach his potential.

This recruiting class should prove to be an outstanding group over the next few seasons. All that is required is experience and work ethic both on and off the court. ♦



## GOLF TOURNAMENT ANOTHER BIG SUCCESS

Huskie Alumni Paul Humbert, John Dewar and Kent Holoboff organized this year's golf tournament. The tournament was held on August 28 at the Riverview Golf Club in Outlook, Sask. It was a big success with 42 people participating on 11 teams. The format of the tournament was a Texas scramble. The team of Dave Shockey, Kelly Graham, Dale Brooks, and Rob Cherneski won with a 12 under score of 59. ♦

## **TWO FORMER HUSKIES RETURN TO THE TEAM**

Jody Glines and Jamie Charlton will be returning to the Huskie line-up this season. Both players are excellent athletes and will, each in their own ways, greatly contribute to the Huskies fortunes over the next few years.

Jody Glines will have a big impact on the Program in all areas. On the court, at 6'6", Jody will play at the small forward and power forward positions. His quickness and size will make him a tough match-up for any player. He has worked very hard in the off-season to improve his strength and fitness, which will help his play immensely. Off the court the team will greatly rely on his leadership skills to help the younger players understand what it means to be a Huskie. Jody has 2 years of eligibility remaining and he is expected to be a major factor in all the team's successes in the next couple of years.

Jamie Charlton will be a strong shooting guard in the league. He is an excellent athlete who is equally good and taking the ball to the hoop or shooting the 3. His strong work ethic has helped him get into great shape in the off-season. The team is expecting big things from Jamie over his remaining three years of eligibility.

Both Jody and Jamie will be welcomed back to the program ♦

## **NEWS AND NOTES**

- Wade Bourassa, a 3-year Huskie, will be leaving the team. In July this year Wade has become a member of the Saskatoon Police force. The program will miss Wade and we wish him great success in his new career.
- Doug Wegren, a former Huskie who graduated in 1993, has become a firefighter with the Saskatoon Fire Department. He was hired on after attending firefighter school in Brandon, Manitoba last year.
- The head coach is still recovering from a knee injury. In June he had ACL re-constructive surgery on his left knee. The surgery went well and he is expected to fully recover by January 2000.
- Jamie Dickson will not be back with the team to complete his eligibility. He has graduated and has decided to travel before attending Law School ♦

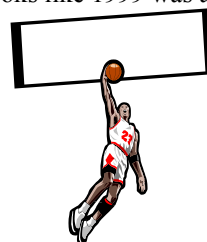
## **ANNUAL HUSKIE SUMMER BASKETBALL CAMPS A BIG SUCCESS**

The annual Huskie Men's Basketball Camps were very successful this summer. The Huskies ran four camps this year: two weeks of general camp; and two weeks of elite camp. All of the camps were well attended and all participants were better basketball players following the weeklong camps.

The Huskie Main Camps were held over two weeks in August. The total number of participants over the two-week period was over 110. The focus of the camps was fundamental skill instruction during the morning sessions followed by league games within their divisions in the afternoon. The level of skill of the participants rose over the course of the week to the point where the coaches could identify a significant improvement in each camper.

The Huskie Elite Camps were held over a two-week period in July as well. These camps were designed to be a significant "step-up" from the main camps. All participants at these camps were expected to be proficient at the game of basketball before they were admitted to the camp. The first week was an elite guard camp was held. The camp focused on elite skill development for guards. Shooting, passing, dribbling and footwork were the skills focused on. The next week featured the forwards at the Elite Forward Camp. During this week elite skill development in the area of Low-Post play was concentrated on both offensively and defensively.

All camps proved to be very successful. Improving and expanding the Huskie Summer Basketball Camps is only one of the things the Huskie is focusing on over the next few years. It looks like 1999 was a good start. ♦



In closing, I want to thank everyone for their thoughts and support to date. Our Huskie Program is laying the groundwork for a run at the conference title and a return to nationals in the next few years. Any support that you can give us to help us reach our goals has been and will be very much appreciated  
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